

CALGARY metro



Wheels in motion for Calgary bike network

Concerns over using Stephen Ave. pedestrian mall **PAGE 3**

Hey, you — no hogging, please

Yes, bacon prices will be going up slightly, but no, you shouldn't hoard your pork products **PAGE 10**

Steve Stamkos stopping short of Sochi

Tampa Bay Lightning star pulls out of Olympic Games after tests show his broken leg hasn't fully healed **PAGE 21**

WHATEVER: WHITE WOULDN'T HAVE WON ANYWAYS

CANADIAN SNOWBOARDERS TAKE TO TWITTER TO SLAM U.S. CHAMP SHAUN WHITE FOR BAILING OUT OF OLYMPIC SLOPESTYLE EVENT **PAGE 22**



STAYING SHARP

Braeden Elliott, a skate technician at the University of Calgary's Olympic Oval, checks over a sharp blade Wednesday. Staff at the oval's skate shop, in partnership with an instructor from the university's Schulich School of Engineering, hope to bring on new technology in the months ahead they believe could give skaters a competitive edge in time for the 2018 Winter Olympics. The 2014 Games, featuring many oval trainees, kick off Friday. For more, head to metronews.ca. JEREMY NOLAIS/METRO

Spike in heroin cases concerns Calgary police

Centre-stage. Dangerous drug in spotlight after death of Oscar winner



JEREMY NOLAIS
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Calgary police seized heroin more often in 2013 than the year prior, including some laced with a deadly painkiller known as fentanyl.

Use of both drugs have been thrust into the spotlight in recent days following the death of award-winning actor Philip Seymour Hoffman.

In Calgary, police seized heroin 46 times last year, up from 28 in 2012.

Staff Sgt. Tom Hanson said Wednesday his team is concerned by the rise but further investigation is needed to determine a reason for the spike in busts.

The city's top drug cop also confirmed at least counterfeit versions of fentanyl have been found among the seizures. Heroin laced with the painkiller has been linked to dozens of deaths south of the border in areas like Maryland and Pennsylvania.

Hanson said those cases confirm a long-standing cautionary tale from police to drug users.

"You don't know what you're getting," he said. "It's highly addictive — it's highly dangerous. If what you're getting from your local trafficker is heroin — and nothing but

heroin — that in and of itself is extremely dangerous."

Both Hanson and Danene Lenstra, a program lead at the Alex Youth Health Centre, suggested the rise in use of both heroin and fentanyl could be linked directly to the removal of OxyContin. The frequently abused opioid was replaced in 2012 by a product that cannot be injected, smoked or sniffed.

Lenstra said she's had at-risk youth tell her they've ingested fentanyl, adding some drug dealers are selling the heavy hitting painkiller under the guise that it's OxyContin.

"As the drugs shift, then the medical implications attached to them shift," Lenstra added.

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YOU SAVE: \$5,131

**2014 CHEVY
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\$47
/WEEK



CG356416

MSRP: **\$17,695**
CMP DISCOUNT: **-1,196**

YOUR TOTAL: \$16,499
YOU SAVE: \$1,196

**2013 BUICK
VERANO**

\$71
/WEEK



P130321

MSRP: **\$30,730**
GM CREDIT: **-3,500**
CMP DISCOUNT: **-3,235**

YOUR TOTAL: \$23,995
YOU SAVE: \$6,735

**2013 CHEVY
CAMARO 1LT**

\$100
/WEEK



CG240151

MSRP: **\$42,165**
GM CREDIT: **-5,500**
CMP DISCOUNT: **-2,415**

YOUR TOTAL: \$34,250
YOU SAVE: \$7,855

**2014 CHEVY
SONIC LS**

\$33
/WEEK



CG225698

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5-year plan. Cycling tracks cost about \$1M per kilometre

Calgary's proposed network of separated bike lanes downtown could see the next phase of work begin as early as this year, pending council approval, at a cost of roughly \$1 million per kilometre.

That's the typical price tag in most jurisdictions for cycle tracks separated by concrete medians, according to city transportation engineer Blanka Bracic.

Calgary's only current cycle track spans about 800 metres along 7 Street SW and cost roughly \$1 million to build.

City officials released a draft plan for the entire downtown network Wednesday that Bracic said could be built within the existing cycling-strategy budget of \$22 million.

If council agrees, she said the next phase would be a north-south cycle track along 1 Street SE, and construction could begin this year.

Other components of the five-year plan include converting the north lane of 12 Avenue into a two-way cycle track between 14 Street SW and 4 Street SE, as well as establishing a two-way cycle track on one side of 5 Street SW between the Bow River and 15 Avenue.

Coun. Evan Woolley, whose Beltline ward includes many of the proposed cycling routes, said the debate over replacing car lanes with bike lanes is sometimes framed as a motorists-versus-cyclists battle, when really many people use both modes of transport.

ROBSON FLETCHER/METRO

Travel expenses. Premier disappointed in \$45K cost of Mandela funeral trip

Premier Alison Redford says she wouldn't have attended the funeral for Nelson Mandela in South Africa if she had been aware of the final price tag.

It cost taxpayers \$45,000 for Redford and an assistant to attend the December memorial.

Redford called it unacceptable, saying she doesn't make her own travel arrangements.

THE CANADIAN PRESS



Premier Alison Redford METRO FILE

Provincial funding. Okotoks high school gets modernization money

Okotoks is the latest community to reap the rewards of a provincial plan to refurbish Alberta schools.

Foothills Composite High School, home to 1,000 students south of Calgary, will get a slice of the \$500 million the province has set aside for new school construction and modernization.

Alberta Premier Alison Redford, Minister of Education Jeff Johnson and

Infrastructure Minister Ric McIver made the announcement Tuesday, and the package will include upgrades to mechanical systems to regulate air and improve air quality. Electrical systems, along with shop spaces and the school's interior, will also be modernized.

There is no current timeline or projected cost for the Foothills Composite High School project.

METRO

Calgary begins planning downtown bike network

Starting phase. City inviting feedback on draft plan for cycling network that could allow bikes onto the Stephen Avenue mall



ROBSON FLETCHER

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Calgary's latest proposal for a downtown network of separated cycling routes includes allowing cyclists on the Stephen Avenue pedestrian mall, and is already raising concerns.

"Our biggest concern is around even entertaining the idea of having cyclists on Stephen Avenue," Calgary Downtown Association executive director Maggie Schofield said Wednesday. "It just doesn't make any sense."



A map of the planned network. Green arrows indicate proposed cycle tracks, the blue arrow is an existing cycle track and the orange arrow is the Stephen Avenue Bicycle Study area. CITY OF CALGARY

While the Downtown Association supports the network in general, Schofield said Stephen Avenue should remain a pedestrian-only route during the day.

"I'm not a supporter of taking away something that works very, very well in order to Band-

Aid another strategy," she said.

City transportation engineer Blanka Bracic said the Stephen Avenue proposal is just that — a proposal — and nothing is set in stone.

Coun. Druh Farrell said finding east-west connectivity is a

Details

The city is inviting feedback on the cycle-track plan at three upcoming open houses:

- Feb 6: Hotel Arts, 5-8 p.m.
- Feb. 11: Suncor Energy Centre, 11:30 a.m.-1:30 p.m.
- Feb. 10-14: CORE Shopping Centre, +15 level by Holt Renfrew, 11:30 a.m.-1:30 p.m. daily.

challenge for the core-area cycling network, and she's open to exploring ways to incorporate cyclists onto Stephen Avenue, potentially with requirements that they dismount during certain times of day, like the busy lunch hour.

1 NEWS

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IGNITE. Students call for cheaper, better schooling

Post-secondary education needs to be cheaper across the board and certain teachers need to care more, according to students taking part in a consultation billed as the largest of its kind in Alberta's history.

IGNITE Alberta, a student-led initiative to dictate priorities for advocacy, released the findings of its survey, which questioned more than 2,000 students last fall.

Representatives said they weren't surprised about calls for opening access to all prospective students. Of those polled, 92 per cent placed high importance on having a post-secondary system with affordable costs and 88 per cent said it should be accessible regardless of financial means.

The survey also showed more than three quarters indicated they believe all post-secondary instructors should have "formal training." Conner Brown, chair of the Council of Alberta University Students, said it seems certain professors

are more focused on their research and lectures become an after-thought.

"They're not taught how to teach ... we do have great teachers, but I would ... say half could use a teaching course," Brown said, adding he'd like to see more of a professor's research included in course material.

The poll results were released weeks before an anticipated provincial budget that students, professors and administrators will be eyeing. Last year, a more-than-nine-per-cent turnaround in once-promised funding led to program cuts, enrolment reductions and layoffs at many Alberta schools.

Kenneth Taylor, chair of the Alberta Students' Executive Council, called on the province to provide more stable funding and make students more aware of available bursaries and grants. **JEREMY NOLAIS/METRO**

FOR THE FULL REPORT, HEAD TO
METRONEWS.CA

Westgate School

Three options for bilingual program

After backtracking on a contentious plan, the Calgary Board of Education has offered three options for kids attending a packed bilingual-focused school in the west end. It says Spanish students at Westgate School could move to Eugene Coste this fall or "over time." The latter, however, may require officials to cap kindergarten and Grade 4 enrolment for the French program, which shares Westgate with the Spanish students. The third option is based on a lottery. **METRO**

Bacteria risk

Alta.-made bacon spread pulled from shelves

A bacon jam produced in Edmonton is being pulled from stores because it may allow the growth of a bacteria that causes botulism.

The Canadian Food Inspection Agency warns consumers not to eat the spread, labelled Bacon by Brad Smoliak. Best-before dates are March 14 and July 14, but consumers are urged to return the spread to where they bought it or throw it out.

THE CANADIAN PRESS



Talking on the phone, reading, grooming, you name it — Calgary motorists are still being ticketed by the thousands for being distracted behind the wheel.

METRO FILE

Support for penalizing distracted drivers: Poll

#youmeanican'ttweet thiswhiledriving?

More Albertans now support demerit points over 2011 survey



BRYAN WEISMILLER
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Albertans are changing gears on their attitude toward stiffer distracted-driving laws, a new provincial poll has

found.

The Alberta Motor Association reports an 11-per-cent spike in support for adding demerit points to the traffic laws in comparison to a 2011 survey.

More than three quarters of the 1,000 Albertans surveyed in late 2013 deemed it appropriate for convicted distracted drivers to get two demerit points.

Association spokesman Don Szarko called the results a "very significant" shift from when the divisive legislation

first came into place.

"Albertans have definitely increased their level of support for stiffer penalties," Szarko said.

Roughly two-thirds of those surveyed indicated more enforcement is needed.

Police, politicians and road-safety advocates have acknowledged motorists seem to be slipping back into bad habits behind the wheel, and many have suggested the current \$172-fine isn't providing enough of a deterrent.

Top cop Rick Hanson re-

cently mused about confiscating cell phones from those convicted of talking while driving. He stopped short of adding his support, but told Metro it underscores the seriousness of conversations being held countryside.

The AMA's poll results have been sent to the Transportation Minister Wayne Drysdale, who was not available for an interview.

The poll's margin of error was reported to be plus or minus 3.1 per cent, 95 per cent of the time.

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School boards awarded 8 modular classrooms apiece

130 provincewide. One mom says additions will help overall but are still a short-term solution in a growing community



JEREMY NOLAÏS
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Modular classrooms are due to be installed at six Calgary schools as both the public and Catholic boards struggle to squeeze students in all over the city.

The province confirmed Wednesday afternoon that both the Calgary Board of Education and Calgary Catholic School District will be on the receiving end of eight modulars apiece — 130 were announced provincewide.

“We are making sure that students and communities, today and long into the future, have the world-class school facilities they need to learn and be successful,” Premier Alison Redford said in a statement in relation to the modulars and a

planned upgrade of Okotoks’s Foothills Composite High School also announced Wednesday.

For the CBE, the modulars will be installed at space-crunched West Springs School and Saddle Ridge School. Another four structures will be installed in place of modulars due for demolition at Dalhousie School, according to a plan published online by the board prior to the announcement.

The Calgary Catholic School District, meanwhile, will see four modulars installed at Bishop Grandin High School and two each erected at Light of Christ School and Father James Whelihan School.

The announcements Wednesday come as both boards deal with unprecedented enrolment growth to the point they may have to cap spaces at certain schools and hold lotteries to determine entrants at others.

Jan Nicholson and numerous other parents at West Springs School have cried out publicly for months for more infrastructure on the city’s west end.

She said Wednesday the



Mother Jan Nicholson is seen in front of Calgary’s packed West Springs School, where her kids attend classes, late last year. She was pleased to learn Wednesday that two modulars have been approved for the facility. METRO FILE

two modulars inbound for her school was a good starting point for addressing capacity issues in the area, but they won’t be a long-term solution on their own.

Nicholson said West Springs anticipates an enrolment bump of 70 kids in the fall, 200 in 2014-15 and 230 in 2015-16. She’s been told the modulars

can hold 25 kids apiece.

“It will reduce the number of kids that are impacted greatly,” she said.

CBE officials declined to comment on the modulars Wednesday because they hadn’t been “officially notified” of the projects, a spokesperson said.

Dan Powers, press secretary

for Alberta Education Minister Jeff Johnson, said both the board and area MLAs had been made aware of the projects.

Calgary Catholic, meanwhile, welcomed the modulars.

“We don’t have a timeline yet, but we’re working with the government on a timeline for when we will receive them,” said spokesperson Sean Myers.

Snow and ice control info. City updates schedule site

Calgarians wanting to check the status of snow and ice control plans on their street now have a new way to do it.

The city launched a new interface at Calgary.ca on Wednesday that allows users to type in their address rather than fiddle through the complicated, city-wide map interface it had launched in early January.

“It’s really just to make it a bit easier for residents,” city roads spokesperson Carissa Vescio said. “It’s the same information, it’s just the address bar gives you another option to access the information.”

The interactive map interface is still available online, should residents prefer to keep using it, but Vescio said the new method is faster.

Saddle Ridge resident Dan Walker certainly found the new way faster than the old way, but said Wednesday the accuracy of the information didn’t match what he was seeing on his own street.

“It says ‘Your road is under assessment,’” he laughed. “That’s actually pretty funny. It doesn’t need to be assessed — it’s done.”

The new address-lookup function can be found by searching “Snow Action Plan” at Calgary.ca.

The city says the street-by-street information will be updated each day at 7 a.m. to reflect work done the previous day. **ROBSON FLETCHER/METRO**

Easing congestion

We are making sure that students and communities ... have the world-class school facilities they need to learn and be successful.” Premier Alison Redford

CALGARY

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Winter weather causes massive pileup on Ontario highway

Rescue workers attend the scene of a multi-vehicle pileup on Highway 401 westbound near Trenton, Ont., on Wednesday. Ontario provincial police said via Twitter that the accident was over a kilometre long and had closed down the highway. OPP said about 25 tractor trailers and 10 smaller vehicles were involved in the string of collisions as many roads in eastern and southern Ontario were covered in snow from the substantial snowstorm.

JUSTIN CHIN/THE CANADIAN PRESS

Four facing drug charges as police probe Philip Seymour Hoffman's death

Four people were taken into custody on drug charges after police investigating Philip Seymour Hoffman's death executed search warrants, two people with knowledge of the investigation said Wednesday.

The medical examiner's office said more tests are needed to determine what killed the Oscar-winning actor.

Police believe Hoffman may have died from a drug overdose, though his death is being investigated as suspicious pending a more definitive ruling by the medical examiner.

Hoffman was found dead Sunday with a needle in his arm. Tests found heroin in samples from at least 50 packets in his apartment, law enforcement officials have said.

The four people were taken into custody Tuesday night after police executed search warrants at several apartments based on a tip that they may have supplied Hoffman with drugs, according to people with knowledge of the investigation.

Police say heroin and marijuana were found in three apartments in a Manhattan building. The four suspects, three of whom live in the building, face charges of criminal possession of a controlled substance.

Police have launched an intensive effort to determine the source of drugs in Hoffman's apparent overdose, even though courts have found that under state law, drug dealers can't be held liable for customers' deaths.

Hoffman had been frank about struggling with substance abuse, saying in 2006 that he had used "anything I could get my hands on" before getting clean at age 22. But in interviews last year, he said he had relapsed, had developed a heroin problem and had gone to rehab for a time.

Hoffman's relatives said they were devastated by a death both "tragic and sudden."

His funeral is scheduled for Friday. **THE ASSOCIATED PRESS**

CN, union reach deal, avert strike

Keeping it rail. The federal government said it was prepared to force striking workers to go back on the job

The federal government had said it was prepared to intervene and force CN workers back on the job should they go ahead with a walkout, which could have come as early as Saturday morning.

Leitch said that a strike at Canada's largest railway would hurt farmers and the forestry sector.

Saskatchewan Premier Brad Wall had called on Ottawa to step in before a strike even began.

In a letter to Transport Minister Lisa Raitt, Wall said a strike would be unacceptable at a time when farmers are already having trouble moving a bumper crop of grain.

"Our agricultural producers deserve better than to be held hostage by one organization at a time when there is already tremendous frustration with the rail system's failure to serve their needs adequately," the premier wrote.

CN congratulated the union for averting a possible strike.

"This will ensure continued service to our customers in a very challenging environment where extreme winter conditions have hampered CN operations and affected service levels," said Jim Vena, CN's executive vice-president and chief operating officer.

"CN has offered to work closely with the union leadership to explain the terms of the agreement to union members over the next 45 days to help ensure a successful ratification of the agreement," Vena said in a statement.

THE CANADIAN PRESS

CN Rail and the Teamsters union have reached a tentative contract agreement, averting a potential strike by 3,000 workers that could have come as early as this weekend.

Both sides said late Wednesday that details of the three-year contract won't be released until it is ratified by union members.

Teamsters spokesman Stephane Lacroix described the negotiations as a "bit chaotic," but said CN came to the union with a series of proposals late in the day.

"As a result, we're very happy to avoid a strike this weekend," Lacroix said, adding he hopes union members will ratify the agreement this time.

Lacroix noted that Labour Minister Kellie Leitch's announcement that Ottawa was preparing back-to-work legislation in the event of a strike likely helped move things along.

He said union members will soon get to see the agreement and likely vote on it in the coming weeks.

The union's strike notice came days after Teamster members, representing conductors, train employees and yard workers, rejected a tentative contract reached last fall with CN.

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Rome. United Nations report urges Vatican to come clean on abuse

The Vatican "systematically" adopted policies that allowed priests to rape and molest tens of thousands of children over decades, a UN human rights committee said Wednesday, urging the Holy See to open its files on pedophiles and bishops who concealed their crimes.

The UN committee severely criticized the Holy See for its attitudes toward homosexuality, contraception and abortion and said it should change its own canon law to ensure children's rights and their access to health care are guaranteed.

The Vatican promptly objected and its UN ambassador accused the committee of having betrayed the international body's own objectives by allowing itself to be swayed by pro-gay ideologues.

The report, which took the Vatican by surprise in its harsh tone, puts renewed pressure on Pope Francis to move decisively on the abuse front and make good on pledges to create a Vatican commission to study sex abuse and recommend best practices to fight it.

THE ASSOCIATED PRESS



Pope Francis greets the faithful as he arrives for his weekly general audience at the Vatican on Wednesday. ALESSANDRA TARANTINO/THE ASSOCIATED PRESS

Sochi security beefed up

Winter Olympics.

Russia's law-and-order president not taking terrorist threat lightly

President Vladimir Putin pointed Wednesday to the Boston Marathon bombings as a big reason for the intense security around the Winter Olympics starting in Russia this week.

The Chechen brothers accused of the 2013 Boston attacks hailed from just a few hundred kilometres away from the Olympic sites at Sochi.

Twin bombings in another southern Russian city in December have heightened terrorism fears around the Sochi events.

Intelligence agencies from multiple countries will be working together around the clock at a special headquarters in Sochi, Putin said while visiting Olympic sites Wednesday.

"In the U.S., people died at a marathon, during the G-8 there were terrorist acts in the London subway," he said.



Russian President Vladimir Putin signs a wall at the Coastal Cluster Olympic Village on Wednesday in Sochi. ALEXEI NIKOLSKY/THE ASSOCIATED PRESS

Putin rose to power and popularity 15 years ago on law-and-order, hard-on-terrorism policies that critics say go too far and suppress human rights. He had long warned the West about the dangers posed by Chechen rebels, and urged closer security co-operation with Washington after the Bos-

ton Marathon attacks.

Putin has made security central to the Olympic project, in which he has taken an unusual personal interest.

Despite criticism and higher costs than any Olympics in history, Putin said Wednesday that "Russia is ready to host the games." THE ASSOCIATED PRESS

Backlash

Protests over anti-gay laws intensify

A U.S. Olympic sponsor and a UN panel condemned a Russian law criticized as a stifler of gay rights as protests took place around the world Wednesday.

The law signed by Russian President Vladimir Putin in July bans pro-gay "propaganda".

Detractors have pressed the International Olympic Committee and its corporate sponsors to denounce the law and call for its repeal. One of those sponsors, McDonald's, was targeted Wednesday by protesters in London and Paris. Protests also took place in St. Petersburg, Russia, New York, Jerusalem and Rio de Janeiro. THE ASSOCIATED PRESS

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Economy. Tories' budget may lead to short-term gain but long-term pain: NDP

The New Democrats say the governing Conservatives' rush to balance the books could delay the economic recovery from the recession.

NDP finance critic Peggy Nash says cuts and austerity measures risk slowing the economy and maintaining higher unemployment, or even increasing it.

She says her party wants to balance the books as quickly as possible, but not at the risk of putting the brakes on the economy.

Nash says the NDP have some inexpensive ideas for next week's budget, including reversing the controversial cuts to Veterans Affairs from the previous budget.

They also want the gov-



NDP finance critic Peggy Nash
THE CANADIAN PRESS

ernment to cap ATM and credit card fees, saying consumers shouldn't have to pay two or three dollars to withdraw their own money from bank machines.

THE CANADIAN PRESS

Market Minute

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90.25¢ (+0.01¢)

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OIL
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\$1,256.90 US (+\$5.70)

Natural gas: \$5.14 US (-\$0.14)
Dow Jones: 15,440.23 (-5.01)

Community input

Feds to tighten cell-tower rules

Ottawa says it is tightening laws governing construction and placement of new cellular antenna towers to require consultation with communities on all commercial installations, regardless of height.

The changes update the government's 2008 policy that mandated consultation only when companies planned a tower taller than 15 metres.

TORSTAR NEWS SERVICE

Time to hog pork?

Oink, oink. No need to be a pig by hoarding bacon, but the price of your fave cut of meat may rise slightly due to virus in North America



The virus that's rippling its way across Ontario pig farms could hit pork lovers' pocket-books if the spread continues.

While no one's forecasting a blockbuster spike in bacon prices anytime soon, each new case of the ever-so-charmingly-named porcine epidemic diarrhea pushes the chances one step closer.

Prices have already seen a bit of a nudge thanks to the virus's spread in the U.S., which has been battling the bug since the spring. There, more than 2,600 cases of the virus have been confirmed in 23 states, according to the latest data from the American Association of Swine Veterinarians.

"Their herd has been reduced quite a bit by it, so the supply down there has



Aw, these little piggies might be adorable, but the not-so-adorable porcine epidemic diarrhea could push pork prices up. GETTY IMAGES FILE

lowered and that's driven the price up on the futures," said London, Ont.-area hog farmer Jim Denys.

"It all depends on how it plays out in Ontario, whether we can contain it to the sites we have now or if it blows up like it did in the U.S.

"If it does, it may affect the price further."

Keep calm and carry on eating pork

"We do get a lot of American pork coming into the country. I suspect there will be a bit of an increase."

Ontario Pork spokeswoman Mary Jane Quinn, noting it's important to keep calm because prices of pork products in Canada won't soar overnight.

By June, bacon in urban U.S. supermarkets had jumped to nearly \$5 a pound, about 15 per cent higher than the same time in 2012, according to government data. End-of-year data shows a 20 per cent price jump per pound, although some of that can be attributed to the bacon craze that swept North America in 2013, sources have said.

Canada's situation was beginning to look more dire Wednesday with two new confirmed cases. It pushes the total to seven Ontario farms, plus three at sites including a processing plant and a truck-loading facility.

Local cut

People like Voula Sakellis, owner of London, Ont.'s Ribs Royale, are begging people not to let porcine epidemic diarrhea quell their passion for pork.

- Bacon, ribs and anything else cut from a hog remains perfectly safe to eat, she stressed.
- The company appeared at about 20 rib fest events last summer and Sakellis said they're on track for a full slate again this year.
- Rising prices don't worry her because the company has a contract with their supplier that's locked in regardless of what happens.

Ontario Pork spokeswoman Mary Jane Quinn said the virus could end up costing the Canadian pork industry up to \$45 million if it spreads as it has in the U.S.

But, she said, it's important to keep a level head because domestic prices won't increase overnight.

"We do get a lot of American pork coming into the country. I suspect there will be a bit of an increase there," she said, "but in terms of domestic Canadian pork, I don't think you'll see any change (soon)."

"You have to give it quite a few cycles. I don't think you'll see it for a few months."

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HEEL EDGE OF TECH DEFENDS EBOOKS

I'm not really on the cutting edge when it comes to technology. I've spent a lot of my life living in the past (also known as New Brunswick), so I'm more like the back part of the knife that you push on when you're slicing.

Google tells me that part is called the spine, which still gives me too much credit, society-wise. The middle part is the heel. That seems about right.

I am on the cutting heel of technology.

So when I say that I believe ebooks are far superior to regular books and will one day replace them, don't take it as a bold pronouncement of Things to Come. Take it as a sign that smarter people than me have likely been saying it for years, and now that it's occurred to me it must be more mainstream than Leno.

Until recently I was among those who felt that paper books were unquestionably superior. Ebooks weren't great when



HE SAYS

John Mazerolle

metronews.ca

they first hit the market, which gave us traditionalists cover as we pointed out that the battery or lights or selection or cost weren't very good.

It was like we looked at the Wright brothers' rickety plane at Kitty Hawk and scoffed: "No way that thing is going to get 350 passengers from Vancouver to Hong Kong on an overnight flight. What were they thinking?"

But now that ebooks have long-life batteries, easy-to-read screens, excellent selection and good prices, people in the pro-book camp have resorted to a couple of paperweight arguments.

The first, from people who have not tried ebooks on principle, usually involves what might go wrong — like deleting a book or running out of power. These problems are so unlikely that it's like saying a horse is preferable to a car because horses never accidentally deploy their airbags.

The second, more popular argument is that there's "just

something" about books. The smell, the feel, the heft, the look. We are judging the book by its cover, and we'll caress it and smell it like it's Ryan Gosling or Scarlett Johansson, thank you very much. All well and good, except there is nothing intrinsically pleasant about the feel or smell of a book. I like those sensations too but it's only because I associate them with book reading and therefore feel positively about them. If it was all about heft we should just carry around five-pound Ps and Qs. "Don't mind these, they're fun to lift." (Besides, my e-reader has a cover that smells just fine.)

Paper books aren't going anywhere, any more than globes and vinyl records are, and all reading is good. But I think books will become curios and hobby pieces while ebooks will dominate the mainstream completely.

I've thought of starting a business that sells blank paper books (one per household) so families will still have something to grope and sniff as they read, but I'm sure someone else has already thought of it. So said the heel.

I suppose I could take a page out of their book but, well, you know.

ZOOM

Don't have a cow, man — have two



ALL PHOTOS 2014 SONY WORLD PHOTOGRAPHY AWARDS

Cattle race carnage gets a photo finish

Yongsheng Zheng's photograph gives us a glimpse into Indonesia's adrenaline-fuelled festival of Pacu Jawi (cow racing).

The annual event sees brave jockeys grab the tails of a pair of cows and skate across muddy rice fields barefoot while balancing on a wooden plank.

The Minangkabau people of West Sumatra have been marking the event for 400 years to celebrate the yearly end of the rice harvest season.

Zheng's photo made the World Photography Organisation's shortlist of the 2014 Sony World Photography Awards.

Pictured to the right are a few more of the nominees.

METRO



Sophie Gamand's Wet Dog is a series of portraits of dogs in mid-bath, photographed half a second before they shake their fur.



Louise Porter submitted this photograph of young men from the Kara tribe in Ethiopia.

Clickbait



ANDREW FIFIELD

andrew.fifield@metronews.ca

Did you know that there are people in Sochi aside from reporters cracking wise about a half-finished insta-city?

There are athletes there too, and they seem much happier to be there. Follow these Canadians on Instagram to see for yourself.



CONTRIBUTED

Charles Hamelin:

A three-time medallist short-track speedskater who also happens to excel at the Maniacal Selfie In A Crowd event. He even got close enough to snap a photo of Vladimir Putin joining a Japanese athlete for a dining hall selfie. The caption calls him Vladimir Poutine. A genuine mistake or a potentially dangerous gag? Neither? Charles Hamelin: Enigma. (/charleshamelin)

Travis Gerrits:

A freestyle skier boasting a silver medal from the 2013 FIS World Championships, Gerrits represents

Canada in one of the Games' most photogenic sports. And if soaring skiers frozen in time doesn't sound like your kind of thing, he also has a very handsome dog. (/travisgerrits)

Canadian Olympic Team:

Since things have yet to officially kick off, the official feed is a patriotic mix of athletes looking chuffed in shiny new Olympic merchandise or athletes looking chuffed after success in Vancouver. But once the festivities are on, it'll be hard to beat the access. (/cdnolympicteam)

Twitter



THE ASSOCIATED PRESS

A petition has been started to remove a lifelike sculpture of a man in his underwear from a woman's college campus in the U.S. Should Sleepwalker stay or go?

@PorcelainTear I can understand why that such statue would cause a stir. It looks very real & somewhat disturbing for that reason

Comments

RE: How Far Would You Go For Free Breast Implants? Published online Feb. 5, 2014

If you have left over money, please donate to sick and starving kids around the world, not for shallow people who only care for their look.

Kim, posted to metronews.ca

"I would feel more confident" — for a month or two, that is, until you find something else about your body that makes you insecure.

Al_Gee, posted to metronews.ca

WE WANT TO HEAR FROM YOU:
Send us your comments: calgaryletters@metronews.ca

Enjoy a drink and get Pretty in Pink

Kenna Burima.

Saskatchewan native wasn't brought up on '80s culture but loves the challenge of recreating the soundtrack live for the film's cult following



BACKSTAGE PASS
Lisa Wilton
calgary@metronews.ca

Kenna Burima is the first to admit she may have missed out on a few things growing up on a farm in Saskatchewan. Most of 1980s pop culture, for example.

It's not that she was shielded from the outside world by overprotective parents, rather she was more interested in classical music and jazz at an early age.

So when friend and frequent musical collaborator Lorrie Matheson suggested they attempt to perform the soundtrack to the 1986 teen comedy-drama, *Pretty in Pink*, she knew she was in for a challenge.

"It's definitely an undertaking," says the 36-year-old, who didn't see the Molly Ringwald classic until she was in her 20s. "What I didn't necessarily realize from my not being very knowledgeable of '80s mainstream music is that it's super synthy and keyboard-heavy ... I have my work cut out for me."

Released in 1986, *Pretty in Pink* was one of four hit movies — including *Sixteen Candles*, *The Breakfast Club* and *Some Kind of Wonderful* — that made late director John Hughes a household name. At least in households with teenage girls.

The story of a shy, but incredibly hip girl from the wrong side of the tracks, the



Musician Kenna Burima (pictured) will recreate the soundtrack to *Pretty in Pink* with friend and collaborator Lorrie Matheson. CONTRIBUTED

Quoted

"What I didn't necessarily realize from my not being very knowledgeable of '80s mainstream music is that it's super synthy and keyboard-heavy ... I have my work cut out for me."

rich boy she loved and the funny dork who loved her, resonated with a generation of awkward teens and pre-teens.

As with other Hughes films, the soundtrack was heavy on stylish British bands such as The Smiths, The Psychedelic Furs, Echo & the Bunnymen and New Order.

"Some of my friends are really excited about it," says Burima of Friday's *Pretty in Pink* tribute at Wine-Ohs.

"It's a very formative movie for them and a very formative soundtrack for so many people, in terms of dancing around their bedrooms and singing into their combs kind of thing ... A friend of mine was in my car and we were listening to it. She hadn't heard it in 20 years, but she still

knew all the words."

Although Burima and Matheson will be backed up by drummer Chris Dadge and bassist Aaron Scholpp, she admits they won't be able to completely recreate the huge synth sounds on some of the tracks. "We're going to mess with it a bit," says Burima, who plays keyboards, piano and organ.

"The harmonies, the structure and the lead lines of the songs will be the same. But we're taking liberties with the instrumentation ... It's been really cool to discover how interesting and intricate some of these songs are."

Details

- **On the night.** *Pretty in Pink!* will feature sets of original music by Lorrie Matheson and Kenna Burima followed by a performance of the *Pretty in Pink* soundtrack Friday night at Wine-Ohs, 811 – 1 St. S.W. People are encouraged to dress up as their favourite *Pretty in Pink* character. Extra points for successfully recreating Duckie's magnificent pompadour.

2 SCENE



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Clooney on the importance of culture

The Monuments Men.
Actor-turned-director
talks about his new
war story and
why art matters



NED
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Metro World News in Hollywood

You may think all the Second World War stories that could be committed to film have been covered, but George Clooney's got a new one for you. His latest as a director, *The Monuments Men*, is based on the real exploits of a team of art experts tasked with recovering priceless works the Nazis were hoarding in the waning days of the war.

"We wanted to make an entertaining film, and we liked the story. We were not all that familiar with this actual story, which is rare for a World War II story, and we wanted it to be accessible," Clooney says.

"We wanted to talk about a



The Monuments Men opens on Friday. CONTRIBUTED

very serious subject that's ongoing and we wanted to make it entertaining. That was the goal. A movie about saving art doesn't really sound all that fun, so you have to remind people that what we're talking about isn't just these paintings on a wall. It's about culture, the fabric of our culture. You can

kill them, you can murder their families, but if you take away their culture then that's when society breaks down."

The conviction with which he speaks comes from a very personal place and from personal experiences that helped motivate him to undertake the film in the first place.

"I spent a lot of time going through villages in the Sudan and Darfur where it wasn't enough that you killed them and you killed their children and you did all this stuff. They had to destroy the things that they'd created from generations before," Clooney remembers.

"They had to destroy what made the village theirs, and that was as important as the raping and the murdering of these families. We started to understand how, when we didn't protect the art during the beginning of the war in Iraq — we didn't protect those museums and now a lot of those

things are lost, those artifacts — how that can actually affect the community in a very deep way. What are you fighting for, if it's not your culture, your life?"

His fifth film as a director, *The Monuments Men* marks Clooney's first outing behind the camera since 2011's *The Ides of March*, and while those jobs take longer to get out, he's much happier in the director's chair, he's found.

"I prefer directing to doing other things. Directing and writing, I think, they seem to be infinitely more creative," he says.

"I like it more than acting now. I don't know whether it's improving or not, but it's definitely evolving in different directions. All you're trying to do is learn from people that you've worked with. I've worked with the Coen Brothers, with Soderbergh, Alexander Payne — I've worked with really great directors. You just try to watch what they're doing and then steal it. That's the theory. You go, 'Oh, I like that. I'm going to do it that way.'"

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Jay Leno leaves Tonight Show on top

22-year run. Host says
goodbye to late-night TV

Jay Leno, as affably efficient backstage as he is in front of the camera, avoids waxing poetic about his 22-year Tonight Show run that draws to a close Thursday.

Instead, he relies on numbers to tell the story. Leno's tenure is second only to Johnny Carson's 30 years; Tonight was No. 1 among viewers when he took it over and will be when he hands it off to Jimmy Fallon; he'll have taped more shows than any predecessor, Carson included, with the final and 4,610th one.

His dry assessment also may stem from a case of déjà vu. After all, he lived through this before when he surrendered Tonight in 2009 to Conan O'Brien, only to reclaim it after NBC's messy bobbling of the transition and O'Brien's lackluster ratings.

But this time it's different, Leno contends, offering another hard fact: The older generation has to make way for the



Jay Leno. THE ASSOCIATED PRESS FILE

younger one.

The Queen can keep 65-year-old Prince Charles cooling his heels. Leno doesn't have the power to do the same with Fallon, 39. The Late Night host is moving the show from its longtime Burbank home, near Johnny Carson Park and off Bob Hope Drive, to its New York birthplace when he debuts as host on Feb. 17.

"It's been a wonderful job but this is the right time to leave," said Leno, whose once-dark mop of hair is now a

neatly groomed silver. "I'm at that age where I don't really listen to the (current) music anymore. I'm not a big tweet guy. A 63-year-old guy reading Miley Cyrus' tweets is a little creepy. Move on."

He makes the argument with the precision of one of his reliable monologue jokes, just as he did when he claimed to understand NBC's decision to evict him for O'Brien — even as he reamed the network on the air.

The years between then and now have seen changes come at a quickening pace, with an ever-more crowded late-night arena and a shifting media environment. Fallon's parody music bits with contemporaries like Justin Timberlake are perfect cut-and-pastes for sites like YouTube that drive young viewer attention.

In 2012, Tonight laid off 20 staffers and Leno took a 10 per cent pay cut. The show has averaged a 3.5 million nightly viewership in the past 12 months, which pales in comparison with the double-digit audiences it once claimed.

THE ASSOCIATED PRESS

Prince of pop is back with new sound

Plectrum Electrum.

Enigmatic star kicks off string of London gigs with session in fellow musician's living room

When Prince came to London a few years ago, he played more than 20 nights at the vast O2 arena. This time, he played a suburban living room to a dozen people.

The enigmatic star flew into London on Tuesday at the start of a still-evolving string of dates in support of forthcoming album *Plectrum Electrum*, recorded with all-female trio 3RDEYEGIRL.

Details are being released in a trickle, but Prince said he planned to play "iconic" venues along the lines of music club the Bag o' Nails — where Jimi Hendrix once played — as well as storied rock venue Electric Ballroom and Ronnie Scott's jazz club.

"We'll work our way up, if people like us, to bigger venues," Prince said.

His first stop was the East

Intimate venues

"We'll work our way up, if people like us, to bigger venues."

Prince, on playing small, iconic clubs

London home of British soul singer Lianne La Havas, who met Prince last year while she was touring the United States. The pair bonded over common musical tastes and a shared love of tea.

In her cozy living room in front of a crackling fire, the band played two acoustic tracks of what Prince called their "funky rock 'n' roll," or "funk 'n' roll," including the newly released single *PretzelBodyLogic*.

Later, Prince and the band showed off its funk-laced, punk-edged sound in an unannounced late-night set at the Electric Ballroom, a landmark venue in north London's music heartland of Camden. He said he'd be back at the club on Wednesday "a lot earlier and a lot funkier."

The trip to London, he said, is "open-ended."

"We're going to be here until people don't want to hear us anymore."

Prince said he planned to keep ticket prices as low as \$10, "because it's a new band and you're maybe not hearing what you'd expect."

The tracks on the new album were developed during

epic jam sessions at Prince's Paisley Park studios near Minneapolis.

"We've been together for over a year and it's perfect," said Prince, who sipped a mug of strong tea with honey as he chatted to La Havas, her housemates and three journalists in the British singer's brick Victorian house. "The more we play, the more fun

it is, and addictive it is."

Prince looked every inch the star in the incongruous surroundings, dressed head-to-toe in black and sporting a furry jerkin and large sunglasses.

The multinational 3RDEYEGIRL is made up of Danish bassist Ida Nielsen, Canadian guitarist Donna Grantis and American drum-

mer Hannah Ford. Ford said the band sometimes jammed for 12 hours or more in days and nights of music interspersed with games of ping pong.

"That's our amazing life," she said. "And we wouldn't want it any other way. We are literally living a musician's fairy tale, and it is now our reality." **THE ASSOCIATED PRESS**



Prince performs in London, England, in support of the forthcoming album *Plectrum Electrum*, recorded with all-female trio 3RDEYEGIRL.

3RDEYEGIRL/NPG RECORDS/THE ASSOCIATED PRESS

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Clay Aiken. ALL PHOTOS GETTY IMAGES

American Idol runner-up Clay Aiken puts career on hold to run for Congress

Former American Idol runner-up Clay Aiken is running for Congress in North Carolina.

Aiken said Wednesday he'll seek the Democratic nomination for the seat currently held by Rep. Renee Ellmers.

The 35-year-old Aiken has been a special education teacher in Wake County. He

says he decided to put his entertainment career on hold and seek to represent the state's 2nd Congressional District.

He says he considers Washington to be dysfunctional and will focus on jobs and the economy, as well as the importance of education.

THE ASSOCIATED PRESS

Cher skips wedding over feud with son Elijah

Cher's ongoing feud with her son, Elijah Blue, and his new wife, Angie King, shows no sign of abating and recently resulted in Cher missing their wedding and excluding them from family holiday activities, Blue tells the National Enquirer.

"I've always been the black sheep of my family. We have lots of ups and downs, and now isn't the best time," says Blue, who married King in early December. "It's like a Mexican standoff, but we have a history."

The latest spat apparently results from an October falling out between Cher and her new daughter-in-law that



Cher

prompted the Burlesque star to kick the pair out of her Malibu home, where they'd been staying. "You've got two strong women, two big bulls in the pen," Blue says. "I think there's a respect and I think they butt heads."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Selena sneaks off to rehab — for 'emotional issues'

Selena Gomez reportedly snuck away for a two-week stay at an Arizona rehab facility, though her rep insists to Radar Online it was for emotional issues.

"Selena voluntarily spent time at (Dawn at the) Meadows, but not for substance abuse," her rep says, though other sources insist the former Disney star has been

"partying very hard" in the months leading up to her secret stay.

"With fame came a partying lifestyle," says a source, while another adds that ex-boyfriend Justin Bieber probably wasn't helping matters.

"Selena came to understand just what a bad influence Justin had been on her life," the second source says. "I don't know whether Justin pushed her to drug use, but amongst their close-knit group of friends, smoking was commonplace. Justin and Selena would smoke marijuana together regularly."

METRO WORLD NEWS



Charlize Theron

Charlize contemplating marriage with new beau Sean Penn

Things are apparently moving pretty fast for new couple Charlize Theron and Sean Penn, as Penn has reportedly already moved into Theron's home and is contemplating matrimony, according to Radar Online.

"The two began talking about marriage in the last few weeks, after Sean moved into Charlize's house," a

source says. "She has never wanted to get married, but seeing how Sean interacts with (her son) Jackson, she is having a change of heart."

"For the longest time, Charlize thought it was just going to be her and Jackson, and she was OK with that. For her to now be talking about getting married is a huge departure for Charlize."

Twitter



@TheRock

They sleep. We grind. #NoSnoozeButtonDammit



@ElizabethBanks

I promised you immaturity on @TheDailyShow, and I believe I delivered.



@SaraKSilverman

When I search "Basketball sneakers, women" on @Amazon all that comes up is a high-heel sneaker wedge

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Beckham gets a kick out of the fashion business

Let's talk about Becks.

Whether you know him for his athletic skill or naked torso doesn't really matter at this point. David Beckham's empire is growing and no one is going to bring him (or his boxer briefs) down

Everybody knows who David Beckham is, either from his career as a football star or as the fashion icon and trendsetter he has become.

Metro Sweden's fashion editor Martin Hansson met David Beckham in New York to talk about the new collaboration with the Swedish fashion giant that premiered during the Super bowl weekend.

What has it been like to go from football player to a fashion icon?

I have always been very interested in clothes and style.

One day I love wearing a really tailored suit and the next day I like wearing what I'm wearing today: a pair of casual jeans and a sweater.

The opportunity to, in collaboration with H & M, produce an underwear collection that reflects my personal style feels natural and in tune with the times.



I dare you to deny that this man makes undies look good.

METRO WORLD NEWS

Your new collection, David Beckham for H & M, has been increased and is now

aimed at younger boys as well. What message would you like to send to them?

Family first

Victoria loves the pictures and just thinks it's fun. But my sons like the exposure most of all and think it's great to see their daddy everywhere.

David Beckham on H&M campaign

I would like to tell them to go for their passion, work hard and stay focussed. I have always given 100 per cent in everything I do, both in football and in fashion. If you work hard enough and have fun at the same time there is a chance that you'll reach your dreams.

How does your wife Vic-

toria feel about seeing you half naked on billboards and on TV all over the world?

(Laughs) Victoria loves the pictures and just thinks it's fun. But my sons like the exposure most of all and think it's great to see their daddy everywhere. I often wear the clothes from the new collection at home so they recognize it.

If you could look into your future, what do you hope to see?

I want to continue working with all that I'm doing today but also with new projects. Because I've played football the past 22 years it is refreshing to do something completely different now.

Get to know David

THE FACTS

Name: David Beckham

Age: 38

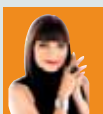
In the news: Has designed a new collection for H & M and is seen in a large campaign that premiered at the Super Bowl this weekend.

Lives: In Notting Hill, London

Family: Married to Victoria Beckham, four children.



Twitter



JEANNE SPACE
Jeanne Beker
life@metronews.ca

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With my gorgeous makeup artist Kris Wares @Chanel who always makes me feel soooooo good! Prepping for @Cafawards #FUN



Moved to be celebrated in my own backyard! Thanks to my Canadian fashion family—for all your passion. @Cafawards

Canadian street style

Spotted in: Toronto

Name: Heather

Age: 29

Occupation: Freelance writer

What she's wearing: H&M scarf, Top Shop jacket, Gap

shirt, BDG pants, LK Berlin bag and Top Shop shoes.

Her inspiration: The weather!

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3
THE

Modern twist on an ancient art

Rediscovering tie-dye.

Designer collections embrace the hand-crafted beauty of Japanese shibori

From tablecloths, duvet covers and iPhone cases to wallpaper and startling calf-skin wall hangings, the ancient Japanese resist-dyeing technique of shibori has gone mainstream.

Vera Wang, Ralph Lauren, Eileen Fisher, Levi's and innumerable fibre artists are breathing new life into the craft.

"The stillness and beauty of it really centres me," said Oriana DiNella, who recently launched her own web-based shibori line, including linen tableware, pillows, throws and large leather wall hangings, all made to order and hand-dyed in organic indigo.

"It feels like a rebellion against the fashion movement, where everything



Setting the scene: OriShibori patterns its table linens on Japan's centuries-old fabric art of shibori. DAVID MALOSH/ORISHIBORI.COM/THE ASSOCIATED PRESS

Technique takes shape



ESKAYEL

Shibori is slow. It takes time, and has been around since about the 8th century. The word comes from the Japanese shiboru, meaning "to wring, squeeze or press."

- The technique involves twisting, tying, crumpling, stitching or folding fabric — usually silk or cotton — in various ways, transforming the two-dimensional material into a sculptural, three-dimensional form.

- This sculptural shape is then traditionally dyed, originally using indigo, although a huge variety of colours and dyes are now used.

- Sometimes, the same fabric is then twisted in some other way and then dyed again. When the wrappings are removed, the folds and creases where the fabric resisted the dye form distinctive crinkled textures and patterns.

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seems so fast and disposable," the New York-based designer explained.

Today's incarnations are as different from their early Japanese predecessors as they are from the wild, tie-dyed pieces that became emblematic of the '60s and '70s.

There's a sense of timelessness and calm to the modern shibori pieces, and also a renewed focus on workmanship and functionality.

"I love the bleeds, the fluidity of it. I love how the light shades of indigo can be so pale and watery and the navies can be such a deep, deep blue," DiNella said.

Brooklyn designer Rebecca Atwood uses modern fibre-reactive dyes for her

Blauvelt Collection, which includes pillows and pouches. And home-design purveyor Eskayel is creating the look of shibori patterns using ink, water and water-colours, followed by digital printing techniques.

"We have wallpaper, rugs, fabric, pillows, baskets, iPhone cases, stationery, prints and wall hangings. Oh, and poufs," said founder and creative director Shanan Campanero, when asked about the company's shibori-inspired offerings.

Compared to the tie-dyes of a generation ago, she said, today's shibori-inspired works feature patterns that are more careful, deliberate and traditional.

Vera Wang's collection is centred on bedding, while

Make shibori at home

For those inclined to take on do-it-yourself projects, shibori has never been more accessible. It can be done easily at home using minimal equipment.

- Urban Outfitters sells its own shibori kits, and lessons are widely available online, from basic for beginners to truly advanced. Martha Stewart Living features a project on its website using a standard pressure cooker

to make elegant shibori at home.

- Serious shibori artists and workshops across the country and internationally can be found through the Berkeley-based World Shibori Network. With a membership of dedicated artisans in Japan and around the globe, it was founded in the 1990s because of fears that the traditional craft would disappear.

Ralph Lauren's features swim trunks and clothing. Levi's has even come out with shibori-inspired jeans. But while mass-produced items lack the nuanced appeal of handcrafted works, they bring a surprising touch of texture and pizzazz to the familiar.

Despite widespread interest in shibori in the West, "we are still concerned with its survival in Japan," explained Yoshiko Iwamoto Wada, author of *Shibori*, and *Memory on Cloth*.

"Adapting shibori to something contemporary is the key to its survival," she said.

"When the big designers come out with it and young artists take it in new directions, then more people here and in Japan start to pay attention."

THE ASSOCIATED PRESS

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Oysters Rockefeller goes First Nations

1. Preheat broiler to high.
2. In frying pan, melt butter and sauté celery, onions, garlic, parsley, greens, and dash of Pernod. Stir constantly for about 3 minutes. Remove from heat.
3. In a blender, combine greens mixture with bread and process for about 30 seconds. Using an oyster knife, twist open shells and remove oysters. In a large bowl, toss oysters with 1 tbsp Pernod. Drain oysters and re-serve liquid. Remove any shell fragments. Discard top shells, clean and dry bottom shells.
4. Line a baking tray with rock




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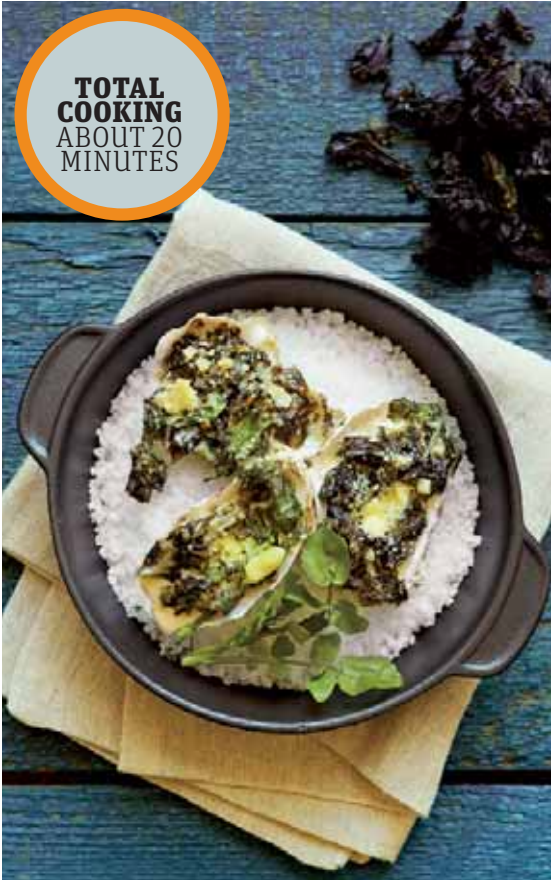
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TOTAL COOKING ABOUT 20 MINUTES



This recipe makes 12 oysters (two to six servings, depending on how large they are and much your guests like oysters). TRACEY KUSIEWICZ OF FOODIE PHOTOGRAPHY (FOODIEPHOTOGRAPHY.COM)

salt and place oyster shells on top. Place 1 oyster into each shell and spoon reserved liquid onto each. Spoon crumb mixture on top, completely covering each oyster. Broil for 1-2 minutes, until topping bubbles. Arrange oysters on a serving dish and garnish with sprigs of parsley and lemon wedges. Season oysters to taste with salt and/or Tabasco sauce.

FLASH FOOD

From your fridge to your table in 30 minutes or less

RECIPE EXCERPTED FROM MODERN NATIVE FEASTS: HEALTHY, INNOVATIVE, SUSTAINABLE CUISINE BY ANDREW GEORGE JR. (PUBLISHED BY ARSENAL PULP PRESS, 2013).

Ingredients

- 1/4 cup (60 ml) unsalted butter
- 1 celery stalk, finely sliced
- 2 green onions, finely sliced
- 1 garlic clove, finely minced
- 1 tbsp finely chopped parsley
- 1 cup (250 ml) finely chopped stinging nettles, dandelion greens, or sorrel leaves
- dash Pernod, or other anise-flavoured liqueur
- 2 slices fresh white bread, crusts removed, torn into pieces
- 12 fresh oysters in shell
- 1 tbsp Pernod
- rock salt, for serving
- 12 lemon wedges, to garnish
- 12 parsley sprigs, to garnish
- salt, to taste
- Tabasco sauce, to taste

Cookbook of the Week

Native eats for the 21st century

Full of healthy North American fare, Modern Native Feasts by Andrew George Jr. updates tradition for the 21st century. Native American cuisine comes of age in this elegant, contemporary col-

lection that reinterprets and updates traditional Native recipes with modern, healthy twists. Andrew George Jr. was head chef for aboriginal foods at the 2010 Winter Olympics in Vancouver. His imaginative menus include Three-Game Meatballs, Seafood Chowder, Butternut Squash and Pear Ravioli, Clam Chowder, Saskatoon Berry-Stuffed French Toast and more. **METRO**

Heroes' welcome

Seahawks party with 12th Man

Hundreds of thousands of notoriously loud Seahawks fans cranked up the noise and went berserk during a parade to celebrate the franchise's first Super Bowl victory.

The mood in downtown Seattle was electrifying, as the parade featuring the Super Bowl champions got underway Wednesday near the Space Needle.

Revellers packed the three-kilometre route. They wore blue and green wigs, waved flags, scarves and signs, and erupted into spontaneous song and dance.

Police estimated about 700,000 people attended the event — that's more than the city's population — in perhaps the largest gathering in Seattle history.

THE ASSOCIATED PRESS

CFL

Chamblin named coach of the year

Corey Chamblin is the CFL's coach of the year.

Chamblin received the Annis Stukus Trophy at the league's annual coach of the year luncheon.

Kent Austin of the Hamilton Tiger-Cats and John Hufnagel of the Calgary Stampeders were the award finalists.

Chamblin, 36, capped his second season with Saskatchewan in style, leading the Roughriders to a Grey Cup championship on home soil.

Saskatchewan defeated the B.C. Lions 29-25 before qualifying for the Grey Cup by downing Calgary 35-13 in the West final.

THE CANADIAN PRESS

Young Flames leading Calgary into new light



THE HOCKEY NEWS
Brian Costello
calgary@metronews.ca

Our annual Future Watch issue has never really been that flattering to the Calgary Flames over the years.

That's because the theme of that issue is ranking the top 50 prospects in the game and ranking the 30 NHL teams on the strength and depth of their top 10 lists.

And for most of the past 25 years, the Flames have been followers in terms of identifying and developing prospects. Former GM Darryl Sutter drafted players as though it were a passing fancy. His tenure is rife with names that became more suspect than prospect.

But I'm happy to report the Flames are climbing the Future Watch ladder in this year's report, which we're currently working on. I'm not at liberty to provide a ranking because the final results aren't in, but Calgary will be closer to the top than the bottom for the first time in 12 years.

Here's Calgary's 12-year rank in Future Watch, starting with the most recent: 27th in 2013, 29th, 27th, 23rd, 26th, 25th, 16th, 21st, 18th, 19th, 21st, 11th in 2002.

And why will Calgary be higher in 2014 in the rankings due out in early March? There was a stronger emphasis on scouting during the Jay Feaster managerial years and having three first-round picks in 2013 really helped the coffers. Who knows, had Feaster or Sutter been willing to swallow a rebuild two or three



Sven Baertschi leads a strong group of prospects that will make up the Flames' future roster. BRUCE BENNETT/GETTY IMAGES FILE

Bright future

"Establishing a top 10 for Calgary was made difficult because of the calibre of prospects that had to be left off the list. It is that strong."

years earlier, the cupboard would be stocked even better much sooner.

Establishing a top 10 for Calgary was made difficult because of the calibre of prospects that had to be left off the list. It is that strong. A panel of scouts determined Calgary's top players in the

system are Sven Baertschi, Johnny Gaudreau, Emile Poirier, Morgan Klimchuk, Joni Ortio, Jon Gillies, Mark Jankowski, Markus Granlund, Max Reinhart and Bill Arnold.

Several solid names had to be culled off the top 10 list. They include names such as Tyler Wotherspoon, Patrick

Sieloff, Ben Hanowski, Ken Agostino, Corban Knight, Michael Ferland, Eric Roy, Keegan Kanzig, Brett Kulak, Ryan Culkin and John Ramage.

Some of these latter group of players surely would have made top 10 lists in other organizations.

And the nice thing is, more blue-chippers are coming — a top five pick in the 2014 draft and perhaps three more in the top 60. But identifying prospects is one thing, developing them is another. At least the Flames are making headway.

'You can't force healing': Stamkos staying home



Steven Stamkos has been out since he broke his leg Nov. 11. He underwent surgery to have a titanium rod inserted into his right tibia. NATHAN DENETTE/THE CANADIAN PRESS

Steven Stamkos will not play for Team Canada at the Sochi Olympics after tests revealed Wednesday that his broken right leg is not completely healed.

Tampa Bay Lightning doctors said they couldn't clear him to play after examining his most recent CT scan and will re-evaluate his condition again in two to three weeks.

It's a big blow for the 23-year-old, who had been optimistic earlier this week that he might be able to play by as soon as Saturday.

Yzerman's next decision

Hockey Canada did not immediately announce a replacement for Stamkos, though Claude Giroux, Lightning teammate Marty St. Louis and James Neal figured to be the leading candidates.

"Today is obviously very disappointing for me," Stamkos said in a release. "I honestly believe that we did

everything possible in order to have my injured leg ready in time for the Olympics, but I realize you can't force healing. I know, in the best interest of my long-term health, I cannot represent Canada in Sochi, as much as I would like to."

Lightning general manager Steve Yzerman, who is also Team Canada's executive director, said Stamkos "should not be participating in game action at any time in the near future."

THE CANADIAN PRESS

Greater in Year 8?



Kaillie Humphries and Heather Moyse practise a run at the Sanki Sliding Centre on Wednesday in Sochi, Russia. ALEX LIVESEY/GETTY IMAGES

Bobsled. She's dominated the circuit since winning gold in 2010, and Calgarian says she might have another gear for Sochi

Kaillie Humphries won Olympic bobsled gold four years ago and has finished first at the last two world championships.

In what should give her rivals cause for concern in Sochi, she is just now hitting her peak.

"They say it takes eight to 10 years to build a really good bobsleigh pilot," Humphries said. "I'm at year eight right now."

The timing seems to be lining up perfectly for the 28-year-old. She has won three World Cup titles this season and is in her usual perch on top of the overall standings.

She reunited with brakewoman Heather Moyse of Summerside, P.E.I., and they opened the campaign with an impressive win in Calgary.

Triumphant underdogs four years ago in Vancouver, now they're the team to beat.

Zen in a bullet



"You have to be able to feel, you have to be able to see. So on the track walk I'm able to see things slowed down. I'm able to look at things exactly as they are."

Kaillie Humphries, on racing down a bobsled run at 130 km/h.

"She's got great expectations," Canadian coach Tom De La Hunty said of Humphries. "She's won the last two world championships. So at the top level, she knows how to deal with the pressure and the pressure is going to be great this time I'll tell you."

Humphries has emerged as one of the faces of the Canadian team in the lead-up to Sochi. It's a position she seems to enjoy.

The Canadian bobsled team attended a half-hour introductory news conference Wednesday at the Gorki Media Centre in Sochi. Humphries stayed for an extra 20 minutes, holding court with reporters in her friendly and engaging manner.

The spotlight shines brightly every four years and Humphries is ready.

"Mentally I'm stronger," she said. "Physically I feel like I'm in a great position right now. Overall it takes a whole package. It's about balance, it's not just one aspect. I'm definitely a lot more well-rounded. I still get tested, I still have my moments when I fail those tests."

"I still am learning a lot in the position that I'm in."

THE CANADIAN PRESS

Repeat potential

Steven Holcomb of the U.S. was the top driver on the men's World Cup circuit with Kaillie Humphries the top woman. Both won gold in Vancouver and might again this year. The U.S. has two Olympic track athletes on the women's team, with gold medalist Lauryn Williams and Lolo Jones qualifying as push athletes.

Did you know?

BMW doesn't just make fast cars. Their sled-building business will be on full display in Sochi, with Germans, Americans and Canadians — all medal favourites — among the nations racing in their sleds. And while those sleds bear the same logo, there's some significant set-up and technological differences depending on which nation's flag is affixed.



White's decision whack, Canadians say

The Sochi Olympics haven't even started, but the normally courteous Canadians are already leading the table in trash talk.

Canadian snowboarders Sebastien Toutant and Max Parrot both took to Twitter to criticize American star Shaun White's decision to pull out of the slopestyle event to focus on halfpipe, where he is the two-time defending Olympic champion.

"Mr. White... It's easy to find excuses to pull out of a contest when you think you can't win..." Toutant posted Wednesday after White announced his decision to sit out slopestyle competition.

Cocky Canuck

"Mr. White... It's easy to find excuses to pull out of a competition when you think you can't win."

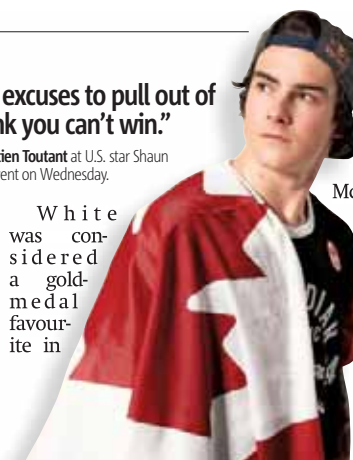
A Twitter jab from Canadian snowboarder Sebastien Toutant at U.S. star Shaun White, who pulled out of the Olympic slopestyle event on Wednesday.

ing potential injury concerns.

Parrot tweeted: "Shaun knows he won't be able to win the slopes, that's why he pulled out. He's scared!"

Both tweets were later deleted and Parrot posted an apology, saying he was sorry if he offended anyone and that he meant it's "not as fun to compete at the Olympics when the (top riders) aren't there."

White was considered a gold-medal favourite in



slopestyle, along with Parrot, the defending X-Games champion, and Canadian star Mark McMorris.

There has been plenty of hype about the McMorris-White rivalry leading into the Sochi Games.

Prior to the 2013 X Games, McMorris called out White, saying "he doesn't dominate slopestyle at all."

White jammed his wrist on one jump while training on the Sochi slopestyle course, which he deemed to be dangerous. THE CANADIAN PRESS

Canadian flag-raising

'Sense of majesty' at welcome party

As the sun set over Russia's Black Sea, it shined on the Canadian flag just as it was hitting the top of the flagpole with the national anthem playing in the background.

It marked an unofficial start at the Sochi Olympics for Canada. It didn't take long for chef de mission Steve Podborski to stop thinking about red and white and start dreaming about gold.

"When the Canadian flag went up, the sun is glaring on it, it blows out and you can see the Maple Leaf and

I'm thinking, 'I'm sure we're going to hear more of that,'" he said. "It was really, really great."

Before the flag went up, about a hundred Canadian athletes marched into the city's international plaza. They watched the Choir of Siberia sing and dance and a Russian honour guard march beside the stage.

It was an expression of Russian culture two days before the official opening ceremony in Sochi.

"The Russians really bring a sense of majesty and something big to a ceremony like this," Podborski said. "It was really charming."

THE CANADIAN PRESS



Team Canada is welcomed by the official flag-raising ceremony on Wednesday in Sochi. NATHAN DENETTE/THE CANADIAN PRESS

Olympic relay. Flame reaches final destination

The Olympic flame reached Sochi Wednesday, following a 65,000-kilometre route, the longest in the history of the Games.

The relay generated genuine public enthusiasm, featuring famous cultural figures, athletes and other

celebrities, and drawing big crowds across Russia.

But it also has seen some spectacular gaffes, with the flame flickering out on dozens of occasions and, in some cases, even engulfing the bearers.

THE ASSOCIATED PRESS

Record-setting journey

The relay started in Moscow on Oct. 7 and stopped at more than 130 cities and towns across Russia. Along the way, the torch travelled to:

- **The North Pole.** Aboard a nuclear-powered icebreaker, the ceremony involved torch bearers from eight Arctic nations.
- **Outer space.** On Nov. 7, a rocket carried the torch to the International Space Station. Cosmonauts Oleg Kotov and Sergei Ryazanskiy then took the torch on an unprecedented spacewalk Nov. 9. For safety

reasons, the torch didn't burn aboard the ISS.

- **Europe and Russia's highest mountain.** Russian mountaineers lit the torch atop Mount Elbrus — at 18,510 feet — the highest mountain in Russia and Europe.

- **The world's deepest lake.** In November, divers plunged into Lake Baikal, the world's biggest and deepest freshwater lake, with special torches burning underwater.



Horoscopes

Aries

March 21 - April 20

Something will happen today that takes you by surprise but if you stand back and look at it in an objective light, you will see it had to occur. Chances are a few weeks from now, you will be glad it happened.

Taurus

April 21 - May 21

Do you go out and have fun or do you stay in and get work done? If you are smart — you will sacrifice short-term enjoyment for long-term peace of mind.

Gemini

May 22 - June 21

You have thought about what you are planning and all you need to do now is get on with it. Don't worry that certain people may not approve. Most likely they're jealous.

Cancer

June 22 - July 23

As Mercury turns retrograde today don't take anything for granted. But the world should not take you for granted either. Do something out of character, something no one would ever expect of you.

Leo

July 24 - Aug. 23

Unexpected events will disrupt your routine today and you won't be happy about it. But as there is nothing you can do to change things there's not much point getting uptight about it, is there? Stay calm and carry on.

Virgo

Aug. 24 - Sept. 23

If a colleague makes an error and causes you problems today, don't make a big deal of it. Everyone makes mistakes so do what you can do to make them feel better.

Libra

Sept. 24 - Oct. 23

There will be disorder today, most likely at work. Colleagues may discover that they are not up to keeping the promises they made. You could see it coming, so you won't be fazed.

Scorpio

Oct. 24 - Nov. 22

You may have to be abrupt with certain people today, simply because they are too slow to work things out for themselves. Don't bruise egos for fun but make sure what needs to get done does.

Sagittarius

Nov. 23 - Dec. 21

With mind planet Mercury beginning one of its retrograde phases there is simply no point rushing to get things done. In the greater scheme of things, they're really not that important.

Capricorn

Dec. 22 - Jan. 20

Be careful when dealing with those whose outlook on life is different to yours. If you adopt the attitude that you're always right and they're always wrong, conflict is inevitable.

Aquarius

Jan. 21 - Feb. 19

You try to be honest in your dealings but you just can't get through to people. This is likely to be a theme of the next few weeks while Mercury moves retrograde, so get used to it.

Pisces

Feb. 20 - March 20

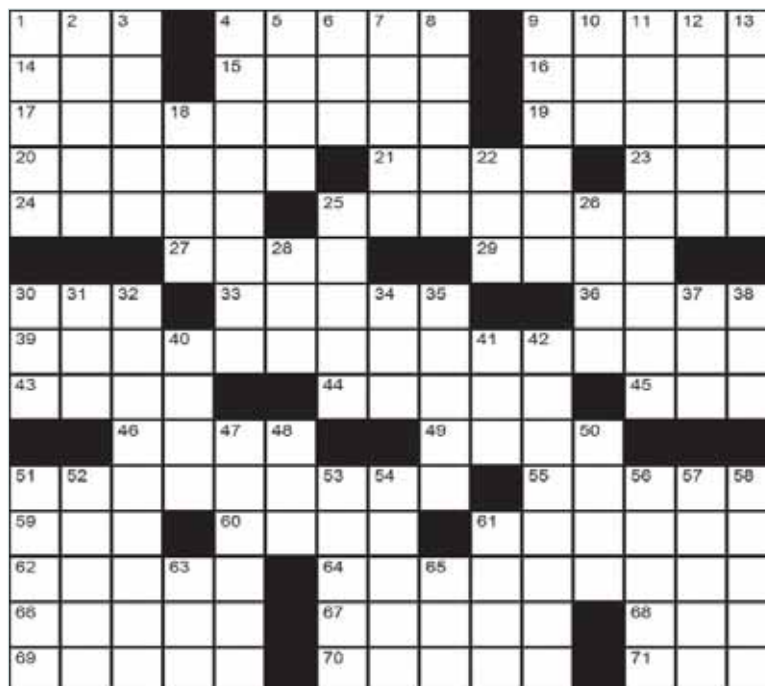
You're hardly a decisive person and with Mercury, planet of communication and the mind, turning retrograde in your sign today you will change your mind yet again. Others won't like it but you are who you are.

SALLY BROMPTON

Crossword: Canada Across and Down

Across

1. Not near
4. Played over
9. "Batman" star Adam, and surname-sakes
14. Tenn. neighbour
15. Southwestern Ontario gorge village
16. Sir Newton
17. Wayne and Shuster: 2 wds.
19. Steamy spot
20. Geena's 1991 title role
21. Captain Hook's sidekick
23. Wine aperitif
24. Coffee brand
25. Helmet part: 2 wds.
27. Simon Cowell's production company
29. Athena's walkway
30. "___ sure be nice if..."
33. Some sound
36. Feminine suffix
39. PEI is geographically unique because it what?: 3 wds.
43. Uni
44. Also, in Montreal
45. Kit
46. "Wow."
49. Ages
51. Certain classical composer
55. Ms. Knightley
59. Marion ___ (Pioneering female aviator of Canada, b.1918)



- d.1995)
60. Use red pen
61. Did a sports team transaction
62. ___-toothed tiger
64. Canadian actor who plays Captain Renard on "Grimm": 2 wds.
66. Carpeting 'spot'
67. "We Can Work ___" by The Beatles
68. Navigator's dir.
69. Goes up-and-down in weight
70. Crowned heads in Russia, once
71. Brit's thank yous

Down

1. Actualities
2. Hawaiian hi

3. Noodle dish
4. Eddie ___, Marius in "Les Misérables" (2012)
5. "Air Force One" (1997) actor Mr. Baskin
6. Towels holder
7. In ___ (Hurried)
8. Ms. Watts
9. Most sage
10. Conductor, ___ Pekka Salonen
11. Bigg Soxx: Canadian rapper on new song "Heroes" feat. Choclair, prod. by C4ENT.
12. Actress Ms. Raymond
13. Cliff type
18. Deer sorts

22. Ells and Ems followers
25. ___ phrase
26. Steel ___ boots
28. Lettuce variety
30. Doctrine
31. Even if, briefly
32. Splashy '80s Canadian series: 2 wds.
34. Old French coin
35. Actor, Buddy ___
37. Three, in Turin
38. Ballpark fig.
40. Tooth part
41. Bear, in Barcelona
42. Hockey arena regulars, colloquially: 2 wds.
47. Martin and Charlie
48. Brick carrier
50. Char, in cooking
51. Domineering
52. Lyre-playing Muse
53. Sojourn
54. Mona Lisa's room at the Louvre in Paris, Salle des ___
56. Boomtown Rats' "___ Like Mondays" (1984)
57. Queen: Spanish
58. Tools for woodworkers
61. Wee weekday
63. "Blame It on ___" (1984)
65. "___ guy walks into..."

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Weather

TODAY



MAX: -12°
MIN: -24°

FRIDAY



MAX: -16°
MIN: -20°

SATURDAY



MAX: -15°
MIN: -22°



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Southcentre Mall
Westbrook Mall
Westhills Towne Centre
321 6th Ave. SW
2008 33rd Ave. SW
4623 Bow Trail SW
4825 Macleod Trail SW
6039 Centre St. S

Southeast

Deerfoot Meadows
Shepard Centre
1288 42nd Ave. SE
3012 17th Ave. SE
4410 50th Ave. SE
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Airdrie

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118 Elizabeth St.

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